

S	M	T	W	T	F	S		
November						1	2	3
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19	20	21	22	23	24		
25	26	27	28	29	30			

Nov. 1 – *The Simon & Garfunkel Story*: TPAC
 Nov. 1 – *Lake Street Dive*: Ryman Auditorium
 Nov. 1-3 – *"A Doll's House"*: TPAC
 Nov. 1-4 – *"The Phantom of the Opera"*: TPAC
 Nov. 2 – *A Perfect Circle*: Bridgestone Arena
 Nov. 3 – *Predators vs. Boston*
 Nov. 4 – *Ballet Magnificat: "Snow Queen"*: TPAC
 Nov. 4 – *Julien Baker*: Ryman Auditorium
 Nov. 5 – *Bob Weir & Wolf Bros*: Ryman Auditorium
 Nov. 7 – *Amy Schumer*: Ryman Auditorium
 Nov. 8 – *Tori Kelly*: Ryman Auditorium
 Nov. 8-Dec. 23 – *Disney's "The Little Mermaid"*: Nashville Children's Theater
 Nov. 9 – *Double Dare Live*: TPAC
 Nov. 11 – *Titans vs. New England*
 Nov. 11 – *The Price Is Right Live*: TPAC
 Nov. 11 – *Jeanne Robertson*: Ryman Auditorium
 Nov. 12 – *Iron & Wine*: Ryman Auditorium
 Nov. 13-18 – *Irving Berlin's White Christmas*: TPAC
 Nov. 14-15 – *The Beach Boys*: Ryman Auditorium
 Nov. 16 – *Predators vs. Tampa Bay*
 Nov. 17 – *Predators vs. Los Angeles*
 Nov. 17 – *The Read Live*: TPAC
 Nov. 18 – *Scott Hamilton*: Bridgestone Arena
 Nov. 18 – *Tokens*: Ryman Auditorium
 Nov. 19 – *Christmas 4 Kids*: Ryman Auditorium
 Nov. 21 – *Predators vs. St. Louis*
 Nov. 21 – *Michael McDonald*: Ryman Auditorium
 Nov. 23-Dec. 22 – *"A Christmas Story"*: TPAC
 Nov. 24 – *Banda MS*: Bridgestone Arena
 Nov. 24 – *The Hip Hop Nutcracker*: TPAC
 Nov. 25 – *Predators vs. Anaheim*
 Nov. 25 – *Manchester Orchestra*: Ryman Auditorium
 Nov. 27 – *Predators vs. Colorado*
 Nov. 28-Dec. 23 – *Amy Grant & Vince Gill*: Ryman Aud.
 Nov. 29 – *Predators vs. Arizona*
 Dec. 1 – *Nashville Christmas Parade*, 8:30am
 Dec. 1 – *Predators vs. Chicago*
 Dec. 1-23 – *Ballet: "Nashville's Nutcracker"*: TPAC
 Dec. 2 – *Titans vs. NY Jets*
 Dec. 2 – *Brian Setzer Orchestra*: Ryman Auditorium
 Dec. 3 – *Predators vs. Buffalo*
 Dec. 6 – *Titans vs. Jacksonville*
 Dec. 6-9 – *Marvel Universe Live*: Bridgestone Arena
 Dec. 8-9 – *Music City Winterfest*: Centennial Park
 Dec. 9-10 – *Andrew Peterson*: Ryman Auditorium
 Dec. 11 – *Predators vs. Ottawa*
 Dec. 13 – *Predators vs. Vancouver*
 Dec. 13-16 – *Handel's "Messiah"*: Schermerhorn Symphony Center
 Dec. 13-23 – *"Peter Pan & Tinker Bell: A Pirate's Christmas"*: TPAC
 Dec. 15 – *Predators vs. New Jersey*
 Dec. 24 – *Moscow Ballet's Great Russian Nutcracker*: Ryman Auditorium
 Dec. 27 – *Predators vs. Dallas*
 Dec. 27 – *Robert Earl Keen*: Ryman Auditorium
 Dec. 28 – *Music City Bowl*: Nissan Stadium
 Dec. 29 – *Predators vs. NY Rangers*
 Dec. 30 – *Titans vs. Indianapolis*
 Dec. 31 – *Music City Midnight*: Bicentennial Mall

All dates subject to change without notice

S	M	T	W	T	F	S
December						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Pick Your Neighbors

Simply refer your friends or family members to our community and once they move in we will reward you with \$300. It's that simple! Want to know more? Get in touch with the office.

Everyone Enjoys the Fall!

Even our pets are enjoying the cooler weather. As you take "Fido" outside, remember to be a responsible pet owner. Keep your pets on leashes at all times when outside. Direct pets away from landscaping, buildings and traffic areas to relieve themselves, and clean up anything they leave behind. Examine your pets regularly for ticks and fleas.



Smart Safety Tips

November is the start of the holiday season, and statistics show that crime will increase this time of year. Although the police do everything they can to reduce crime, no one – not the police nor the management – can guarantee that it will not happen to you or someone you know. But here are some suggestions that can help reduce the chance.

- Leaving valuables in sight in your vehicle can tempt a would-be thief. Remove GPS devices, cell phones, presents, purses or wallets and even loose change or place them in the trunk. Also, keep these kinds of items from being seen through windows in your home.
- Locks work only if they are being used. Keep the doors to your vehicle and home locked at all times, even when you are inside.
- Using caution is your best protection. Be observant of everyone and everything around you. Have your keys out and ready to unlock your vehicle before you come out of your home or any building. Before getting into your vehicle, look inside and around it.
- Uncollected mail and/or newspapers will alert someone you are not at home. Ask your neighbors to assist you in collecting mail and newspapers or have your mail held at the post office and your newspaper stopped until you return.
- Would-be criminals prefer not to be seen. When going out at night, park only in well lit areas. Report immediately to management any lights that are not working in the community.



The Great American Smokeout

Every year more than 480,000 people die from tobacco use and exposure to secondhand smoke. Don't be one of those statistics! November is the Great American Smokeout – pick this month to QUIT smoking.

Quitting is not easy, but there are many helps for you – texting plans, smoke-free apps and smoke-free social media.

THE VOICE of VILLA ADRIAN

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 (615) 383-2224

Fall Back

Be sure to set your clocks back one hour on Sunday, November 4 as Daylight Saving Time ends.

Veterans Day

In 1918, World War I and all its hostilities were formally ended at the 11th hour of the 11th day of the 11th month. November 11 is a day in which we take a moment to honor all those who have bravely served in the armed services. These men and women are looked up to for giving heart, mind, and body to the armed forces to fight for our freedom. Villa Adrian as a community wants to thank all of you who played a part of this. Our freedom was made possible because of you.

Happy Thanksgiving!

Our office will be closed on **Thursday, November 22** for Thanksgiving, but will reopen on Friday, November 23 for normal business hours. We wish everyone in our community a very Happy Thanksgiving!

Time to Test

The time change is also a good time to test your smoke detector. A working smoke detector can give you an early warning of fire and is one of the least expensive means for saving lives. There are two types of detectors—wired-in and battery powered. Know which type of detector is in your home. Never turn it off, remove the batteries or disconnect it. If it goes off because of excessive cooking smoke or steam from the shower, simply fan the lingering smoke and in the future use the exhaust fans for the stove or bathroom.



November/
December 2018

Staff

Jim Lott
Property Manager

Taylor Nowels
Assistant Manager

Robert Irwin
Maintenance Supervisor

John Chambers
Courtesy Officer

Office Hours

Monday-Friday
8:00am-5:00pm





HONORING OUR

Veterans

Whether they're far away or home, take time to honor those currently serving or who have served. Here are some easy ways to do that.

- Know someone serving in another country? Organize a care-package party. Check out www.supportourtroops.org/care-packages for practical tips. \$25 gift cards help them get on the satellite for personal communications to home – Visa, Mastercard and American Express – not store cards.
- Volunteer to place flags on gravesites. Contact your local American Legion or VFW organization.
- Invite a service member/family over for a meal – especially during the holidays or celebrations.
- See someone in uniform in a restaurant? Buy their meal.
- Donate your wedding dress! BridesAcrossAmerica.com accepts gowns under three years of age. This helps ease the financial cost of wedding planning.
- Offer childcare to help with deployed families.
- OperationShower.org hosts joyful baby showers for military families.
- Make yourself available to help with jobs around their home.
- YellowRibbonPhotographers.org are committed to providing professional photography to our military at no cost to our nation's servicemen and women.



HAVE A FUN, HAPPY AND STRESSLESS

Thanksgiving!

Just the thought of hosting at Thanksgiving can be a nightmare! Prepare ahead of time to make that day less stressful.

Plan your Thanksgiving menu by the first weekend in November. Assign food dishes/drinks to those who are coming. Make sure you know what everyone is providing and write it down.

Clean out your freezer now for food storage later.

Plan where you're going to seat everyone. Make sure you have enough chairs/table space. Having a kid's table? Buy some kraft paper and crayons for that area.

Prepare your tablescape – dishes, décor, napkins. Start collecting "take home" dishes for guests to take some of the leftovers home.

About a week before Thanksgiving, clean out your refrigerator.

Grocery shop for non-perishable items.

Prepare your guest room – change sheets, clean the bathroom, leave out necessities.

What food can be prepared ahead of time? Can you freeze?



Check out our **Hassle Free Newsletter** pinterest page for helpful pins.



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It's November – time to be thankful! But what if you don't have time to spend writing everything down.

Let's try the 2 minute gratitude journal – electronically (Evernote, Google Keep, OneNote or Simple-note) or if you're writing, choose a journal that appeals to you.

Keep it simple – here's a sample:

- 1) Someone let me in front of them in traffic today – Go Kindness!
- 2) Thankful my kids played great together today.
- 3) My coworker brought flowers to work. They're beautiful to look at and even better to smell.

Got it? Good! Let's try it!



Pumpkin Muffins

- | | | |
|---|--|---|
| 2 c. baking mix | 1/4 c. sugar | 1 apple, peeled and diced into small pieces |
| 1 pkg. orange flavored gelatin (3 oz. size) | 1 c. canned pure pumpkin (not pumpkin pie filling) | 1/2 c. raisins |
| 2 tsp. cinnamon | 1 egg | 1/2 c. chopped nuts – pecans or walnuts |
| 1 tsp. nutmeg | 3/4 c. orange juice | |

Heat oven to 400 degrees. Use a 12 count muffin tin. Spray the cups with cooking spray, or if you prefer, use foil baking cups. Place baking mix, dry gelatin mix, cinnamon, sugar and nutmeg in large bowl. In another bowl, beat egg, then add pumpkin and orange juice, stirring until well mixed. Peel and dice apple. Add apple, nuts and raisins and stir until just moistened together. Spoon into muffin cups. Bake 20 minutes or until done.

SO MUCH TO CELEBRATE IN *November!*

- 1 ELECTION DAY
- 11 VETERANS DAY
- 15 WORLD KINDNESS DAY
- 15 GREAT AMERICAN SMOKEOUT
- 23 THANKSGIVING

GETTING YOU IN THE MOOD...

...through some of the best Thanksgiving movies, that is! Here's a short list of some of the movies that might just help you get in the mood for this wonderful holiday.

- AUTUMN IN NEW YORK (2000)
- YOU'VE GOT MAIL (1998)
- THE BLIND SIDE (2009)
- PLANES, TRAINS, AND AUTOMOBILES (1987)
- A CHARLIE BROWN THANKSGIVING (1973)

FOUR DAYS OF SAVINGS

Are you ready to shop? Four days in November will help you save and give!

11-23

BLACK FRIDAY

deals begin even before Thanksgiving Day is over!

11-24

SMALL BUSINESS SATURDAY

whether it's your friend's business or your local brick and mortar store, shop locally.

11-26

CYBER MONDAY

offers all the big deals on the internet!

Some of your local stores might match or beat some of those deals so check them out.

11-27

GIVING TUESDAY

is a day to support by giving to your favorite charity or cause.