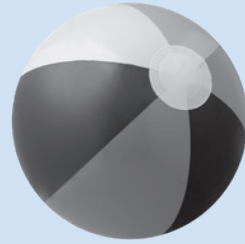


Pool School

To make sure everyone has fun poolside, we thought we would give our residents a refresher course in pool school.

- Be courteous of others using the pool.
- No lifeguard is on duty, so swim with caution.
- Wear appropriate attire to the pool.
- No glass of any kind is allowed at the pool.
- Guests are welcome but must be accompanied by the resident at all times.

Please contact the office for a complete outline of the pool policies, and most importantly, have fun!



Congratulations, Graduates!

Whether you are completing high school or receiving your college degree, we are proud of you! As you look back at the happy times, the friends you've made, and the things you've learned...and as you look ahead to a future full of promise and opportunity...we wish you good luck and success on your journey.

Air Conditioning Time

Now that warmer weather is here, most of you will begin to rely on your air conditioning heavily. Here are a few things to keep in mind:

- Do not turn your air conditioner off during the day while you are away. While your air conditioner is off, the walls in your home will heat up and your cooling unit will have to run twice as long to cool when turned back on.
- Try to keep your thermostat at a constant temperature. Raising and lowering the temperature only increases the amount of work the unit has to do. An ideal temperature setting is about 72 degrees.
- Keep your blinds closed as much as possible, especially if you are on the south side of a building. Sunlight alone will easily raise the temperature in your home 10-15 degrees.
- Remember that any air conditioning unit is designed to cool approximately 15 degrees cooler than the outside temperature. So when the temperature outside reaches 98 degrees, your home cannot realistically be cooled to 68 degrees.

Please check your air conditioner and report any malfunctioning to our office so that we can correct it as quickly as possible.

May the 4th Be With You

What started as pun warmly shared by fans has become a full-fledged Star Wars holiday: Star Wars Day, a special once-a-year celebration of the galaxy far, far away.

Once the Internet allowed Star Wars fans around the world to connect with one another, May the 4th soon became a grassroots tradition each year, with fans online and offline proclaiming it "Star Wars Day." Ultimately, as Star Wars Day was created by the fans, it is truly their day. Hosting movie marathons, sharing greetings on social media, cooking Star Wars recipes – there are no wrong ways to celebrate May the 4th, and each year fans come up with creative ways to mark the occasion. So join the fun this year, and "May the 4th be with you."

(Source: www.starwars.com)



S	M	T	W	T	F	S
May			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May 1 – **Melinda Gates**: TPAC
 May 1 – **Buddy Guy**: Ryman Auditorium
 May 1-2 – **Sounds vs. Omaha**
 May 1-5 – **"Hello, Dolly!"**: TPAC
 May 1-19 – **"Tomás and the Library Lady"**: Nashville Children's Theater
 May 2 – **Tame Impala**: Ascend Amphitheater
 May 3 – **Postmodern Jukebox**: Ryman Auditorium
 May 3 – **Old Dominion**: Ascend Amphitheater
 May 3-6 – **Sounds vs. Memphis**
 May 4 – **Cody Johnson**: Ryman Auditorium
 May 4 – **Hillsong United**: Ascend Amphitheater
 May 5 – **Midland**: Ryman Auditorium
 May 6 – **Jon Anderson**: Ryman Auditorium
 May 8 – **Eddie Izzard**: Ryman Auditorium
 May 9 – **New Kids on the Block**: Bridgestone Arena
 May 10 – **Johnnyswim**: Ryman Auditorium
 May 11 – **Dave Matthews Band**: Bridgestone Arena
 May 11 – **Gladys Knight**: Ryman Auditorium
 May 12 – **PJ Masks Live**: TPAC
 May 12 – **Michelle Obama**: Ryman Auditorium
 May 13-14 – **Shinedown**: Ryman Auditorium
 May 15 – **Mavis Staples**: Ryman Auditorium
 May 15 – **The 1975**: Ascend Amphitheater
 May 16 – **The Who**: Bridgestone Arena
 May 17 – **Lucas Nelson**: Ryman Auditorium
 May 17 – **Anderson.Paak**: Ascend Amphitheater
 May 18 – **Rob Lowe**: TPAC
 May 18 – **Amanda Palmer**: Ryman Auditorium
 May 19 – **George Benson**: Ryman Auditorium
 May 21 – **Apocalyptica**: TPAC
 May 21 – **Carol Burnett**: Ryman Auditorium
 May 21-24 – **Sounds vs. Memphis**
 May 25 – **Eric Church**: Nissan Stadium
 May 25-29 – **Sounds vs. Round Rock**
 May 30-June 2 – **Sounds vs. New Orleans**

June 1 – **Old Crow Medicine Show**: Ryman Auditorium
 June 2 – **Rodrigo y Gabriela**: Ryman Auditorium
 June 4-9 – **"Miss Saigon"**: TPAC
 June 6-9 – **CMA Fest**
 June 7 – **Ariana Grande**: Bridgestone Arena
 June 9 – **Wu-tang Clan**: Ryman Auditorium
 June 12 – **Family Feud: Celebrity Edition**: TPAC
 June 12-14 – **Sounds vs. Las Vegas**
 June 14-16 – **American Artisan Festival**: Centennial Park
 June 15-18 – **Sounds vs. Salt Lake City**
 June 16 – **Rosanne Cash & Ry Cooder**: Ryman Auditorium
 June 18 – **Vampire Weekend**: Ascend Amphitheater
 June 20 – **Pentatonix**: Bridgestone Arena
 June 21 – **JoJo Siwa**: TPAC
 June 21 – **Billie Eilish**: Ascend Amphitheater
 June 22 – **Monster Jam**: Nissan Stadium
 June 22 – **Kenny G**: Ryman Auditorium
 June 22 – **Nashville Symphony**: Ascend Amphitheater
 June 25 – **Jon Bellion**: Ascend Amphitheater
 June 25-30 – **"Fiddler On the Roof"**: TPAC
 June 26 – **Beatles Tribute**: Ascend Amphitheater
 June 27 – **Peter Frampton**: Ascend Amphitheater
 June 29 – **Weird Al Yankovic**: Ascend Amphitheater
 June 29-30 – **Sounds vs. Oklahoma City**
 June 29-30 – **Hannah Gadsby**: TPAC

All dates subject to change without notice

S	M	T	W	T	F	S
June						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						🏠

May/June 2019

Staff

Jim Lott
Property Manager

Taylor Nowels
Assistant Manager

Robert Irwin
Maintenance Supervisor

John Chambers
Courtesy Officer

Office Hours

Monday-Friday
8:00am-5:00pm

THE VOICE of VILLA ADRIAN

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(615) 383-2224

Schatten Properties Management, Inc.

Mothers Day

Our observance of Mothers Day began in 1907 when a woman named Anna Jarvis requested her church to hold a service on the anniversary of her mother's death, in memory of all mothers. All those who attended were asked to wear a white carnation in remembrance. In 1914 President Woodrow Wilson declared the second Sunday in May to be Mothers Day. According to tradition, a red carnation is worn in honor of a living mother, and a white carnation is worn in memory of one who is not.

More than 46 countries have officially set days for this, although the dates will sometimes vary. The United States, Canada, Denmark, Italy and Australia have all designated the second Sunday of May as Mothers Day.

Have a Happy Memorial Day

Memorial Day is traditionally the time we honor those who have died in war and pay special tribute to those who perished in battles. We urge you to pause and remember those who have walked before us and fought for our freedom.

Our office will be closed **Monday, May 27** in observance of Memorial Day.

Easy Money

Pick your neighbors by referring them to our community. Once they sign a lease and move in, we will give you \$300. That's easy money! Stop by the office for complete details.



MAY 2019

- 4 Kentucky Derby
- 5 Cinco de Mayo
- 12 Mother's Day
- 18 Armed Forces Day
- 20 National Rescue Dog Day
- 27 Memorial Day

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	
	6	7	8	9	10	11
	13	14	15	16	17	18 
19	20 	21	22	23	24	25
26 	28	29	30	31		



CINCO DE MAYO CHEESY BREAKFAST DISH

- 3 Tbs. canola oil
- 1 small bunch green onions (finely chopped)
- 1 tomato (finely chopped)
- Salt and pepper to taste (Preferably sea salt)
- 8 eggs
- 8 oz. shredded cheddar cheese
- 1/4 cup sour cream

Put canola oil in a 12-inch skillet. Add green onions and tomato. Cook about 5 minutes, stirring together. Beat eggs with a whisk until fluffy. Add salt and pepper. Add eggs, cheese and sour cream to the skillet. Keep stirring over medium heat until the eggs are thoroughly cooked. Place on individual plates or in a bowl and sprinkle crushed Fritos on top. Serve immediately.



FITNESS IS FOR EVERYONE

It all begins with a step towards a goal. And it's time we all took that step. May is **National Physical Fitness and Sports month**. Here are some easy ways to get involved.

- If your child plays a sport, good for them! How about walking around the field or complex while watching them practice?
- Let's bike-as a family, with friends or by yourself. Many towns offer greenways for walking and biking. Or bike somewhere you want to go—to the movies, out to eat—make it an adventure.
- Play tag with the kids. They'll love it and it will get your heart rate up, too!
- Horseshoes or shuffleboard anyone? You're moving, using your brain and you're having fun.
- Love to read but need to walk? Download free audible books from your local library and get moving.
- Stationary exercises such as moving your arms in circles, shrugging your shoulders up and down, and even leg raises can make a difference.

MOMS MATCH!
A. Samantha Stephens, B. Florida Evans, C. Gloria Delgado-Pritchett, D. Sophia Petrillo, E. Harriette Winslow, F. Betty Rubble, G. Edith Bunker, H. Cora Crawley, I. Sara Ramirez, J. Kira Watanabe Finster



Moms are always there for us! Thank you, MOM!

- A. Samantha Stephens — Golden Girls
- B. Florida Evans — The Flintstones
- C. Gloria Delgado-Pritchett — All in the Family
- D. Sophia Petrillo — Downton Abbey
- E. Harriette Winslow — Grey's Anatomy
- F. Betty Rubble — Good Times
- G. Edith Bunker — Rugrats
- H. Cora Crawley — Bewitched
- I. Sara Ramirez — Family Matters
- J. Kira Watanabe Finster — Modern Family

HONORING MEMORIAL DAY

Memorial Day is a day of recognizing and reflecting on the sacrifices made by our armed services.

Here are some social media content tips:

- DO post a general comment which recognizes the holiday. Use patriotic images such as the American flag or the Statue of Liberty.
- DO recognize and thank members of our military, especially if you have a family member serving (ask their permission).
- DO post your BBQ fun, but keep it separate from posts regarding Memorial Day remembrance.



TEACHER'S WEEK MAY 6-10

"The Influence of a Good Teacher Can Never Be Erased"

Check out our Pinterest page on ways to show your appreciation for the teachers who have and are making a difference.



NURSES WEEK MAY 6-12

"Caring is the Essence of Nursing."
JEAN WATSON



Check out our **Hassle Free Newsletter** pinterest page for helpful pins.



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Celebrating "CINCO" STYLE

Are you looking for a fun way to celebrate Cinco de Mayo? Host your own "Cinco" party!

- Plan your menu – tacos, enchiladas, nachos, guacamole, fresh salsa. The menu can be as endless as the fun!
- Create your own playlist of some of your favorite Mexican songs or google "top billboard songs in Spanish." Better yet, play songs on the guitar.
- Yes, you do need a piñata – a fun game for kids and adults!
- It's easy to make your own decorations out of tissue paper— red, white and green streamers, colorful cut-out flowers or purchase a Mexican flag.
- Design a photo backdrop and encourage people to dress up in colorful clothes to get in the spirit of the day. Use a colorful blanket and add some photo props such as a sombrero, mustaches, etc.

